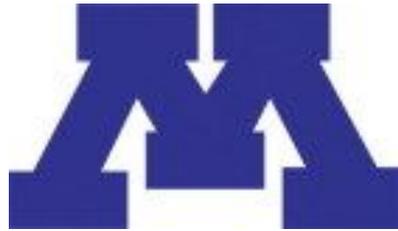
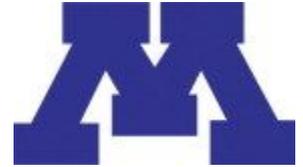


Minnetonka High School Girls Tennis 2023



Add your email to our 2023 email list:
<https://forms.gle/U87gZDRgp8QZ8yDEA>

Coaching Team & Captains



Head Coach: Jessa Richards

EMAIL: jessa.mhstennis@gmail.com

PHONE: 952-465-8746

**Assistant Varsity Coach & Head Coach in
Jessa's Absence:** Dan Richards

Assistant Varsity Coach: Jim Elvestrom

JV Coach 1: Ben Wheaton

JV Coach 2: Ben Nye

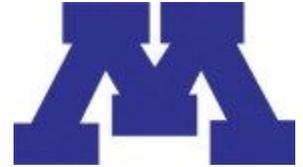
B Team Coach: Laura Krenik

C Team Coach: Lizzy Stanczyk

Team Captains:

Karina Elvestrom & Carter Nye

Registration



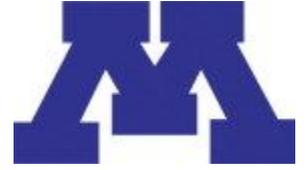
Register online on the girls tennis activity page:

- <https://www.minnetonkaschools.org/activities/mhs-athletics/sports/girls-tennis>
- Students cannot participate in practice or attend tryouts until they are registered
- Students need to have an up-to-date physical

Fall match schedule: <https://lakeconference.org/public/genie/23/school/3/>
(all teams)

TRYOUTS START AUGUST 14TH

2023 Tryouts



DAY 1 - August 14th

- All new players & returning B Team: 8-9:30am
- Returning JV Players + all middle schoolers: 9:30-11:30am
- Returning Varsity Players: 1-4pm
- Returning C Team Players: 6-7:30

Coaches will be working together in the first couple of days to evaluate and move players as needed to the appropriate tryout time. Players day 1 time may not be where they stay.

Tryouts will be done in a challenge match round robin format. Be ready to play on day 1.

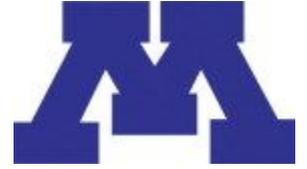
IMPORTANT NOTES:

Seniors are eligible to play on any team.

Middle schoolers have to make Varsity or JV to be eligible to play high school tennis.

To letter as a Varsity player, you must play 2 matches in the top 10 lineup

Team Structure



VARSITY

Coaches Jessa, Dan & Jim

- 14-16 players
- 16 matches
(regular season)
- Post-Season

Practice Time:

- 3-4:30pm

JV

Coaches Ben & Ben

- 30+ Players
- Divided into 2
teams (1 & 2)
- 13 matches

Practice Time:

- 4:30-6pm

B Team

Coach Laura

- 20+ Players
- 10 matches

Practice Time:

- 3-4:30pm

C Team

Coach Lizzy

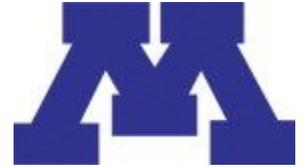
- 20+ Players
- 7 matches

Practice Time:

- 6-7:30pm

Practice times above go into effect once school starts

Expectations



Coaches:

- Provide safe and healthy environment at all times
- Communicate expectations clearly and in a positive way
- Evaluate individual strengths and weaknesses for optimal team and individual success

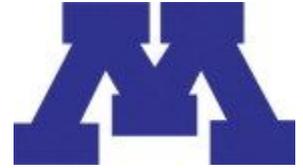
Players:

- Represent yourself, the tennis team, and Minnetonka by being respectful of teammates, opponents, coaches, other schools, and the game!
- Work hard and have a positive attitude. We are here to develop as people and players, and to have fun!
- Be at all practices and matches on time with the equipment you need to compete
 - Absences due to family, religion, and school need to be communicated with coaches ahead of time
 - No misses due to work!

Parents:

- Support the whole team and tennis program
- Let the players play and the coaches coach
- Communicate with the coaches immediately and directly if you see a potential problem or an issue that needs to be dealt with

In-Season Communication



Weekly emails will be sent to all parents/players on our list with the upcoming week's schedules. [Please add your email to our 2023 email list!](#)

Team Communication: Each team's coach will use GroupMe to communicate directly to players throughout the season as needed.

Twitter: @mtkagirlstennis

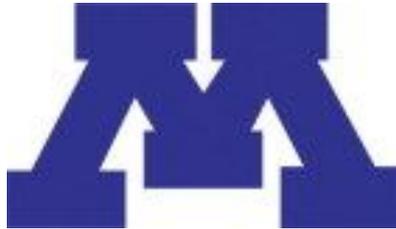
Public page where we will share match results, updates, etc.

Facebook Page: MHS Girls Tennis 2023

Request to join the private parent/player page for in-season updates, match results, photos and more,

1. Communication comes from player to coach first
2. Bring parents in if needed
3. Bring Ted Schultz in if necessary

Go Skippers!



Email List: <https://forms.gle/U87gZDRgp8QZ8yDEA>