

	Swim	Bike	Run
Grades 6-7-8	8:15 a.m. (First Event) 100 yards (2 laps)	8:30 a.m.(Second Event) 3 miles	(Third Event) 1.5 miles
Grades 4 & 5	8:30 a.m. (First Event) 50 yards (1 lap)	8:55 a.m.(Second Event) 1.65 miles	(Third Event) 1 mile
Grades 2 & 3	8:50 a.m. (First Event) 25 yards (0.5 lap)	9:25 a.m.(Second Event) 1.5 miles	(Third Event) 0.5 mile
Grades K & 1	9:10 a.m. (Third Event) 25 yards (0.5 lap)	8:15 a.m. (First Event) .50 mile	(Second Event) .25 mile
Ages 4 & 5			10:00 a.m. (Event) 100 Yard Dash
One lap = Down the length of the pool and back = 50 yards			